



2025 Provincial Championships Weekend 1
February 14-16, 2025, Gander, NL
SCHEDULE - Friday

| Friday, February 14, 2025 | | # Entries | WarmUp | Time |
|-----------------------------------|----------------------------------|-----------|--------|------|
| 11:30 - 4:45 | STAR 5 13&O Women | 53 | 5 mins | 5hrs |
| (7 warm ups) | | | | |
| **FLOOD BETWEEN FLIGHT 4/5 | | | | |
| 4:45 - 6:00pm | STAR 7 U14 Women | 12 | 6 mins | 75 |
| (2 warm ups) | | | | |
| 6:00 - 6:15 | FLOOD | | | |
| 6:15 - 6:50 | STAR 7 U14 Men | 1 | 6 mins | 35 |
| (1 warm up) | STAR 9 Men | 4 | | |
| 6:50 - 9:10 | STAR 7 14+ Women | 24 | 6 mins | 140 |
| (3 warm ups) | | | | |
| 9:15pm | END OF FRIDAY COMPETITION | | | |



**Skate
NL**

2025 Provincial Championships Weekend 1

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SCHEDULE - Saturday

| Saturday, February 15, 2025 | | # Entries | WarmUp | Time |
|-----------------------------|------------------------------------|-----------|--------|------|
| 8:00 - 8:35am | Juvenile U14 Women | 5 | 6 mins | 35 |
| (1 warm up) | | | | |
| 8:35 - 9:10am | Pre-Juvenile U11 Women | 6 | 6mins | 35 |
| (1 warm up) | | | | |
| 9:10 - 9:35 | Juvenile U12 Women | 3 | 6mins | 25 |
| (1 warm up) | Juvenile U12 Men | 1 | | |
| 9:35 - 10:10 | Pre-Juvenile U13 Women | 6 | 6mins | 35 |
| (1 warm up) | | | | |
| 10:10 - 11:45 | STAR 9 Women | 15 | 6 mins | 95 |
| (2 warm ups) | | | | |
| 11:45 - 12:00 | FLOOD | | | |
| 12:00 - 12:30 | Special Olympics Level 2 Women | 1 | 5 mins | 30 |
| (1 warm up) | Special Olympics Level 3 Women | 3 | | |
| | Special Olympics Level 3 Men | 1 | | |
| 12:30 - 1:00 | STAR 6 Men | 1 | 6 mins | 30 |
| (1 warm up) | STAR 8 Men | 4 | | |
| 1:00 - 2:05 | Pre-Novice Short Women | 10 | 6 mins | 65 |
| (2 warm ups) | | | | |
| 2:05 - 2:40 | Novice Women Short | 3 | 6 mins | 35 |
| (1 warm up) | Novice Men Short | 1 | | |
| | Junior Women Short | 1 | | |
| | Pre-Novice Men Short | 1 | | |
| 2:40 - 3:15 | STAR 5 U10 Women | 6 | 5 mins | 35 |
| (1 warm up) | | | | |
| 3:15 - 3:35 | STAR 5 U10 Men | 1 | 5mins | 20 |
| (1 warm up) | STAR 5 U13 Men | 2 | | |
| 3:35 - 3:50 | FLOOD | | | |
| 3:50 - 5:05 | STAR 5 U13 Women | 14 | 5 mins | 75 |
| (2 warm ups) | | | | |
| 5:05 - 7:30 | STAR 6 Women | 23 | 6 mins | 145 |
| (3 warm ups) | | | | |
| 7:30 - 7:45 | FLOOD | | | |
| 7:45 - 8:00 | Juvenile Pairs Free | 1 | 6 mins | 15 |
| (1 warm up) | | | | |
| 8:00 - 8:45 | STAR 8/9 Pattern Dance #1 | 3 | 3 mins | 45 |
| | STAR 8/9 Pattern Dance #2 | 3 | 3 mins | |
| 8:45 - 9:00 | Novice Solo Pattern Dance #1 | 1 | 3 mins | 15 |
| | Novice Solo Pattern Dance #2 | 1 | 3 mins | |
| 9:00 - 9:15 | STAR 10/Gold Pattern Dance #1 | 1 | 3 mins | 15 |
| | STAR 10/Gold Pattern Dance #2 | 1 | 3 mins | |
| 9:15 | END OF SATURDAY COMPETITION | | | |



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SCHEDULE - Sunday

| Sunday, February 16, 2025 | | # Entries | WarmUp | Time |
|---------------------------|---------------------------|-----------|--------|------|
| 8:00 - 9:45 | STAR 8 Women | 16 | 6 mins | 105 |
| (2 warm ups) | | | | |
| 9:45 - 10:35 | STAR 10 | 6 | 6 mins | 50 |
| (1 warm up) | Gold Women | 2 | | |
| | | | | |
| 10:35 - 10:50 | FLOOD | | | |
| | | | | |
| 10:50 - 11:05 | Novice Solo Free Dance | 1 | 6 mins | 15 |
| | | | | |
| 11:05 - 12:15 | Pre-Novice Women Free | 10 | 6 mins | 70 |
| (2 warm ups) | | | | |
| | | | | |
| 12:15 - 1:00 | Novice Women Free | 3 | 6 mins | 45 |
| (1 warm up) | Novice Men Free | 1 | | |
| | PreNovice Men Free | 1 | | |
| | Junior Women Free | 1 | | |
| | | | | |
| 1:00 | END OF COMPETITION | | | |