

# 2026 Labrador Figure Skating Classic

January 17 to 18, 2026

Happy Valley - Goose Bay, NL

Bronze Women (Adult) - Free Skate

Rank	Name	Club					Element Score					Prog Comp Score	Bonus	Deductions	Score
1	Melissa Russell	Polaris FSC,NL					4.40					12.50	0.00	0.00	16.90

#	Executed Element	Base																Score			
		Value	GOE	J1	J2	JREF															
1	1F+1Lo	1.00	-0.02	-1	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.98
2	1Lo	0.50	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.50
3	SSpB	1.10	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	1.10
4	StSq*					-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	0.00
5	1S	0.40	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	0.40
6	CSpB	1.10	0.00	0	0	-	-	-	-	-	-	-	-	-	-	-	-	0	-	-	1.10
7	1F+1T<<	0.50	-0.18	-4	-3	-	-	-	-	-	-	-	-	-	-	-	-4	-	-	0.32	
															4.40						

x - credit for second half, base value multiplied by 1.1      \* - invalid element, scored as zero      e - jump take-off (Flip/Lutz) with edge  
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention      ! (dance) Choreo Element does not fulfil all requirements  
 < - underrotated jump      < - (Key Points Dance) interruption      REP - repeated jump restriction  
 << - (singles & pairs) downgraded jump      << - (Key Points Dance) interruption      V - spin requirement not met  
 EL - Extended Lift      EE - Extended Edge      F - Fall in Element

Program Component	Factor													Score								
Composition	2.00																		2.25	-	-	4.34
Presentation	2.00																		2.25	-	-	4.50
Skating Skills	2.00																		2.25	-	-	3.66
															12.50							

0.00

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2	Meagan Abbott	Wabush FSC,NL	4.61	11.00	0.00	0.00	15.61

#	Executed Element	Base				JREF	Score
		Value	GOE	J1	J2		
1	1T	0.40	0.00	0	0	0	0.40
2	1W+1T	0.70	-0.04	0	-3	0	0.66
3	CSp	0.00	-	-	-	-	0.00
4	1Lo	0.50	-0.08	-2	-3	0	0.42
5	ChSq1	3.00	-1.17	-3	-2	-2	1.83
6	1F	0.50	-0.03	0	-2	0	0.47
7	USpB	1.00	-0.17	-1	-2	-2	0.83

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Program Component	Factor	2.00	2.00	1.75	-	-	-	-	-	-	-	2.00	-	-	Score
Composition	2.00	2.00	1.75	-	-	-	-	-	-	-	-	2.00	-	-	3.84
Presentation	2.00	2.25	1.50	-	-	-	-	-	-	-	-	2.25	-	-	4.00
Skating Skills	2.00	1.50	1.25	-	-	-	-	-	-	-	-	2.00	-	-	3.16
															11.00

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Jacqueline Carre	Wabush FSC,NL	3.58	9.50	0.00	0.50	12.58

#	Executed Element	Base				JREF	Score
		Value	GOE	J1	J2		
1	1W+1T	0.70	-0.05	-2	-2	0	0.65
2	1S	0.40	-0.04	-1	-2	0	0.36
4	1T	0.40	-0.03	-1	-1	0	0.37
5	USpB	1.00	-0.13	-1	-1	-2	0.87
6	1Lo<<	0.00	-	-	-	-	0.00
7	ChSq1	3.00	-1.67	-5	-2	-3	1.33
8	SSp	0.00	-	-	-	-	0.00

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Program Component	Factor	2.00	2.00	1.75	-	-	-	-	-	-	-	1.75	-	-	3.66
Composition	2.00		2.00	1.75	-	-	-	-	-	-	-	1.75	-	-	3.66
Presentation	2.00		1.75	1.25	-	-	-	-	-	-	-	2.00	-	-	3.34
Skating Skills	2.00		1.25	1.00	-	-	-	-	-	-	-	1.50	-	-	2.50
															9.50

1 Fall(s) factor (0.5) 0.50