

2026 Atlantic Regional/Elizabeth Swan Memoria

January 30 to January 31, 2026

Paradise, NL

Adult SYS I Synchro - Free Program 1

Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
1	APEX APEX	APEX Skating Acad,NL	27.67	28.34	0.00	0.00	56.01

#	Executed Element	Base										JREF	Score		
		Value	GOE	J1	J2										
1	I2+pi4	6.50	-0.43	0	-2	-	-	-	-	-	-	0	-	-	6.07
2	AL2	4.00	0.40	1	1	-	-	-	-	-	-	1	-	-	4.40
3	PB2	4.50	0.45	1	1	-	-	-	-	-	-	1	-	-	4.95
4	AW2	4.00	0.40	1	0	-	-	-	-	-	-	2	-	-	4.40
5	NHE3+s1	3.25	0.33	0	0	-	-	-	-	-	-	3	-	-	3.58
6	TrE3	4.00	0.27	1	1	-	-	-	-	-	-	0	-	-	4.27
															27.67

x - credit for second half, base value multiplied by 1.1 * - invalid element, scored as zero e - jump take-off (Flip/Lutz) with edge
 ! - (singles & pairs) jump take-off (Flip/Lutz) with attention ! (dance) Choreo Element does not fulfil all requirements
 < - underrotated jump < - (Key Points Dance) interruption REP - repeated jump restriction
 << - (singles & pairs) downgraded jump << - (Key Points Dance) interruption V - spin requirement not met
 EL - Extended Lift EE - Extended Edge F - Fall in Element

Program Component	Factor														Score
Composition	2.10		4.25	3.75	-	-	-	-	-	-	-	4.25	-	-	8.57
Presentation	2.10		4.00	3.75	-	-	-	-	-	-	-	4.50	-	-	8.57
Skating Skills	2.80		4.00	4.00	-	-	-	-	-	-	-	4.00	-	-	11.20
															28.34

0.00

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
3	Synergy	Prince of Wales S,NL	22.47	23.11	0.00	0.50	45.08

#	Executed Element	Base				JREF	Score
		Value	GOE	J1	J2		
1	TrE3	4.00	-0.13	-1	0	0	3.87
2	NHE3+s1	3.25	0.22	1	0	1	3.47
3	AL2	4.00	0.53	1	2	1	4.53
4	I2+pi2	4.75	-1.43	-2	-4	-3	3.32
5	AW2	4.00	0.13	0	0	1	4.13
6	PB1	3.50	-0.35	0	-1	-2	3.15

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Program Component	Factor															
Composition	2.10		3.75	3.00	-	-	-	-	-	-	-	3.75	-	-		7.35
Presentation	2.10		3.50	2.75	-	-	-	-	-	-	-	3.25	-	-		6.66
Skating Skills	2.80		3.50	3.00	-	-	-	-	-	-	-	3.25	-	-		9.10
																23.11

1 Fall(s) factor (0.5) 0.50

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Rank	Name	Club	Element Score	Prog Comp Score	Bonus	Deductions	Score
4	Starlites	Mount Pearl-Parad,NL	22.24	21.70	0.00	0.00	43.94

#	Executed Element	Base										JREF	Score
		Value	GOE	J1	J2								
1	TrE3	4.00	-0.13	0	-2	-	-	-	-	-	-	1	3.87
2	I3+pi2	6.00	-1.20	-1	-4	-	-	-	-	-	-	-1	4.80
3	AB2	4.00	0.00	0	0	-	-	-	-	-	-	0	4.00
4	PL1	3.50	0.00	0	-1	-	-	-	-	-	-	1	3.50
5	NHE2+s1	2.00	-0.20	-1	-1	-	-	-	-	-	-	-1	1.80
6	AW2	4.00	0.27	0	0	-	-	-	-	-	-	2	4.27
												22.24	

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Program Component	Factor	3.50	2.50	-	-	-	-	-	-	-	-	3.25	-	-	6.47
Composition	2.10	3.50	2.50	-	-	-	-	-	-	-	-	3.25	-	-	6.47
Presentation	2.10	3.25	3.00	-	-	-	-	-	-	-	-	3.50	-	-	6.83
Skating Skills	2.80	3.25	2.50	-	-	-	-	-	-	-	-	3.25	-	-	8.40
															21.70

0.00