

**2026 Atlantic Regional  
Elizabeth Swan Memorial Synchronized  
Skating Competition**

January 30 to 31, 2026

(as of January 21, 2026) may be subject to change

**FRIDAY, JANUARY 30, 2026**

**PRACTICE**

**# OF TEAMS**

**7:00 PM**                                      **NOVICE PRACTICE**                                      **2**

**7:22 PM**                                      **GOLD PRACTICE**                                      **2**

**7:44 PM**                                      **OPEN PRACTICE**                                      **2**

**SATURDAY, JANUARY 31, 2026**

**TIME**

**EVENT**

**# OF TEAMS**

**9:00 AM**                                      **NOVICE FREE 1**                                      **2**

**9:24 AM**                                      **GOLD FREE 1**                                      **2**

**9:48 AM**                                      **OPEN FREE 1**                                      **2**

**10:17 AM**                                      **ADULT III**                                      **6**

**11:02 AM**                                      **ADULT II**                                      **4**

**11:45 AM**                                      **ADULT I**                                      **4**

**12:28 PM**                                      **STAR 4 GROUP 1**                                      **4**

**1:03 PM**                                      **STAR 4 GROUP 2**                                      **7**

**1:58 PM**                                      **STAR 6**                                      **3**

**2:26 PM**                                      **STAR 8**                                      **3**

**2:59 PM**                                      **NOVICE FREE 2**                                      **2**

**3:23 PM**                                      **GOLD FREE 2**                                      **2**

**3:47 PM**                                      **OPEN FREE 2**                                      **2**

**4:01 PM**                                      **END**