

**2026 ELIZABETH SWAN MEMORIAL SYNCHRONIZED SKATING COMPETITION**

January 31, 2026

**DRESSING ROOM SCHEDULE**

TEAM NAME	REPRESENTING	ROOM #	ENTER ROOM	LEAVE TO ICE	ON ICE	OFF ICE	EXIT ROOM
<b>NOVICE</b>							
1. Starlites	Mount Pearl-Paradise SC	1	8:40 AM	8:55 AM	9:00 AM	9:07 AM	9:17 AM
2. TP Inferno	Trinity Placentia FSC	2	8:47 AM	9:02 AM	9:07 AM	9:14 AM	9:24 AM
<b>GOLD</b>							
<b>PANEL CHANGE - 10 MINS</b>							
1. Fusion	Eastern Edge Synchronized SC	5	9:04 AM	9:19 AM	9:24 AM	9:31 AM	9:41 AM
2. Starlites	Mount Pearl-Paradise SC	6	9:11 AM	9:26 AM	9:31 AM	9:38 AM	9:48 AM
<b>OPEN</b>							
<b>PANEL CHANGE - 10 MINS</b>							
1. Fusion	Eastern Edge Synchronized SC	1	9:28 AM	9:43 AM	9:48 AM	9:55 AM	10:05 AM
2. Starlites	Mount Pearl-Paradise SC	2	9:35 AM	9:50 AM	9:55 AM	10:02 AM	10:12 AM
<b>ADULT III</b>							
<b>FLOOD - 15 MINS</b>							
1. Ice Elites	Silver Jets FSC	5	9:57 AM	10:12 AM	10:17 AM	10:22 AM	10:32 AM
2. Newfound Edge	Notre Dame SC	3	10:02 AM	10:17 AM	10:22 AM	10:27 AM	10:37 AM
3. Fusion	Eastern Edge Synchronized SC	6	10:07 AM	10:22 AM	10:27 AM	10:32 AM	10:42 AM
4. Starlites	Mount Pearl-Paradise SC	1	10:12 AM	10:27 AM	10:32 AM	10:37 AM	10:47 AM
5. Crystal Ice	Crystal Gliders FSC	4	10:17 AM	10:32 AM	10:37 AM	10:42 AM	10:52 AM
6. TP Rusty Edges	Trinity Placentia FSC	2	10:22 AM	10:37 AM	10:42 AM	10:47 AM	10:57 AM
<b>ADULT II</b>							
<b>FLOOD - 15 MINS</b>							
1. Ice Storm	Conception Bay North SC	5	10:42 AM	10:57 AM	11:02 AM	11:09 AM	11:19 AM
2. Synergy	Prince of Wales SC	6	10:49 AM	11:04 AM	11:09 AM	11:16 AM	11:26 AM
3. Starlites	Mount Pearl-Paradise SC	1	10:56 AM	11:11 AM	11:16 AM	11:23 AM	11:33 AM
4. Central Blades	Sparkling Blades SC	2	11:03 AM	11:18 AM	11:23 AM	11:30 AM	11:40 AM
<b>ADULT I</b>							
<b>FLOOD - 15 MINS</b>							
1. Starlites	Mount Pearl-Paradise SC	5	11:25 AM	11:40 AM	11:45 AM	11:52 AM	12:02 PM
2. Fusion	Eastern Edge Synchronized SC	6	11:32 AM	11:47 AM	11:52 AM	11:59 AM	12:09 PM
3. Synergy	Prince of Wales SC	1	11:39 AM	11:54 AM	11:59 AM	12:06 PM	12:16 PM
4. Apex	APEX Skating Academy	2	11:46 AM	12:01 PM	12:06 PM	12:13 PM	12:23 PM
<b>STAR 4 GROUP 1</b>							
<b>FLOOD - 15 MINS</b>							
1. Everblades (4B)	CBS SC	3	12:08 PM	12:23 PM	12:28 PM	12:33 PM	12:43 PM
2. Dynamic Edges	Flying Blades SC	4	12:13 PM	12:28 PM	12:33 PM	12:38 PM	12:48 PM
3. Everblades (4)	CBS SC	5	12:18 PM	12:33 PM	12:38 PM	12:43 PM	12:53 PM
4. Loop Lightning	Crystal Gliders FSC	6	12:23 PM	12:38 PM	12:43 PM	12:48 PM	12:58 PM
<b>STAR 4 GROUP 2</b>							
<b>FLOOD - 15 MINS</b>							
1. Dynamite Edges	Flying Blades SC	1	12:43 PM	12:58 PM	1:03 PM	1:08 PM	1:18 PM
2. Krystals Koasters	Crystal Gliders FSC	2	12:48 PM	1:03 PM	1:08 PM	1:13 PM	1:23 PM
3. Synergy	Prince of Wales SC	3	12:53 PM	1:08 PM	1:13 PM	1:18 PM	1:28 PM
<b>5 MIN BREAK*</b>							
4. Starlites	Mount Pearl-Paradise SC	4	1:03 PM	1:18 PM	1:23 PM	1:28 PM	1:38 PM
5. Ice Angels	Conception Bay North SC	5	1:08 PM	1:23 PM	1:28 PM	1:33 PM	1:43 PM
6. Fusion	Eastern Edge Synchronized SC	6	1:13 PM	1:28 PM	1:33 PM	1:38 PM	1:48 PM
7. TP Sparks	Trinity Placentia FSC	1	1:18 PM	1:33 PM	1:38 PM	1:43 PM	1:53 PM
<b>STAR 6</b>							
<b>FLOOD - 15 MINS</b>							
1. TP Flames	Trinity Placentia FSC	2	1:38 PM	1:53 PM	1:58 PM	2:04 PM	2:14 PM
2. Fusion	Eastern Edge Synchronized SC	5	1:44 PM	1:59 PM	2:04 PM	2:10 PM	2:20 PM
3. Everblades	CBS SC	6	1:50 PM	2:05 PM	2:10 PM	2:16 PM	2:26 PM
<b>STAR 8</b>							
<b>PANEL CHANGE - 10 MINS</b>							
1. Fusion	Eastern Edge Synchronized SC	1	2:06 PM	2:21 PM	2:26 PM	2:32 PM	2:42 PM
2. Starlites	Mount Pearl-Paradise SC	2	2:12 PM	2:27 PM	2:32 PM	2:38 PM	2:48 PM
3. TP Explosion	Trinity Placentia FSC	5	2:18 PM	2:33 PM	2:38 PM	2:44 PM	2:54 PM
<b>NOVICE</b>							
<b>FLOOD - 15 MINS</b>							
1		6	2:39 PM	2:54 PM	2:59 PM	3:06 PM	3:16 PM
2		1	2:46 PM	3:01 PM	3:06 PM	3:13 PM	3:23 PM
<b>GOLD</b>							
<b>PANEL CHANGE - 10 MINS</b>							
1		2	3:03 PM	3:18 PM	3:23 PM	3:30 PM	3:40 PM
2		5	3:10 PM	3:25 PM	3:30 PM	3:37 PM	3:47 PM
<b>OPEN</b>							
<b>PANEL CHANGE - 10 MINS</b>							
1		6	3:27 PM	3:42 PM	3:47 PM	3:54 PM	4:04 PM
2		1	3:34 PM	3:49 PM	3:54 PM	4:01 PM	4:11 PM
<b>END</b>							
<b>4:01 PM</b>							

\*A 5-minute break is scheduled after the third STAR 4 Group 2 team to accommodate dressing room scheduling

HAVE A SAFE TRIP HOME